



Where to get Free Food during the Covid-19 Crisis in Lewisham



You can request food parcels from the Lewisham Local Hub (**03330 150378 Mon-Sat 9am-5pm**) or online at www.lewishanlocal.com. They also offer advice, telephone befriending if you are feeling lonely, practical assistance (shopping, errands etc). If you cannot afford food, please get a referral through an organisation you are linked with (eg jobcentre, school, charity), and we can deliver a free food parcel to you. If you are not linked to an organisation, please call Citizens Advice Lewisham on 0800 231 5453 and they will assess your situation and make a referral where necessary.

Here is a list of other community projects currently offering free food during the Covid-19 crisis in Lewisham to help you find the nearest project to you. Please note a listing is not an endorsement, check with the project directly regarding their service.

Eliot Bank and Kelvin Grove Children's Centre Food Bank

Provide food and basic essentials for people in need in the local community. People can self-refer but do need to register with the Centre upon arrival. Contact: 02086130172, Grove Children's Centre, Kirkdale, Sydenham, SE26 6BB open Wednesdays 11am-12.30pm

Evelyn Community Store

Tuesdays 5 – 7pm provide food to Store members and deliver food to vulnerable store members only (£3.50 per week to use the store). Evelyn Community Centre, Kingfisher Square SE8 5TW. To become a member: <https://www.lewishamhomes.org.uk/peoples-supermarket/>

Feed the Hill – free and discounted food box deliveries

Feed the Hill deliver food boxes to local housebound people. Boxes are at cost £10 and delivered for free to people in the ward/local SE14 area via the mutual aid group volunteers. They accept referrals for people who can't afford to pay. Text: 07748713212, by the end of Sunday for next week.

Front Room Club

Can provide a one off small emergency food parcel to fill the gap between requesting support and receiving food from other organisations. Delivery available to residents of the Downham Estate, Tuesday to Saturday with sufficient notice. Alternatively collection from St Luke's Downham, corner of Northover and Shroffold Road, BR1 5JR on Friday 10.30am to 12.30pm or by arrangement (Tue to Sat). Contact Rev Nick Walsh on 07774516204 / revnickwalsh@gmail.com

Grove Park Emergency Food Bank Project

For people of Grove Park and the surrounding area struggling to put food on their table, or in financial crisis/hardship. To collect food items, please attend with **ONE form of ID and ONE proof of address**. Fridays 12noon to 2pm & The Word of Life Church, Rehoboth Building, 72A Mayeswood Road, SE12 9RP (Community Resource Centre in the Lower Floor) Tel - 07930 958 097 (Monday to Thursday 10am - 2pm / Email - info@wordoflife-lcc.org)

LewCAS Foodbank

The LewCAS foodbank supports refugees and Asylum seekers on Tuesday mornings at St John's Church SE8 4EA, 11am-1pm. Contact Peter Farley-Moore peter.stjohnsdeptford@gmail.com or 07786160993 to refer an individual. <https://www.lewcas.org.uk/>

Lewisham Foodbank

All referrals and requests for support currently go through Lewisham Local's helpline (**03330 150378**) or their online form: <https://www.lewishamlocal.com/request-support/> Please get a referral through an organisation you are linked with (eg jobcentre, school, charity), and Lewisham Local can deliver a free food parcel to you. If you are not linked to an organisation, please call Citizens Advice Lewisham on 0800 231 5453 and they will assess your situation to be referred.

LWCC Food Service

LWCC Food reopen with a delivery service (only) to people living in SE4, SE6, SE13, SE14, SE23 and SE26 on Wednesdays. Anyone making a request will need to provide their name, address, post code, telephone number, family size, allergies or other dietary requirements. Referrals need to be made by 3pm on Tuesdays. Lwccfoodservice@gmail.com and 07783441973 (SMS preferred).

Pepys Community Store

The Pepys Social Supermarket opens Friday between 3pm and 6pm for Members around Pepys/Evelyn, Deptford. Address is 199-201 Grove Street, Deptford, SE8 3PG. A paper form can be picked up at the store, or you can join as a member or to volunteer, by completing an online application at <https://www.lewishamhomes.org.uk/pepys-social-supermarket/>

Salvation Army (Deptford Church and Community Centre)

A small, local foodbank to help anyone in our community that is experiencing financial hardship. We can provide emergency food parcels for residents in the SE8 postcode area and refer families into support provided by the local borough of Lewisham. Delivery only. We accept self-referrals and referrals from local agencies. Contact: deptford@salvationarmy.org.uk

Seventh Adventist Church

The Seventh Adventist Church is giving away groceries on Thursdays from 5-6.30pm at their church building, 430 Lewisham High Street, SE13 6LJ. Parcels tend to be enough for two days, mainly non-perishables, no meat.

St Peter's Church Brockley Food Bank

A new food bank delivering food parcels and a frozen meals in the SE4 area only on a Wednesday. To refer: <https://www.stpetersbrockley.org.uk/feedback-food-request>

The Giving Life Food Project

Saturdays between 11.30-1pm at the new venue: Pepys Resource Centre, Strand, Deptford. London SE8 3BA. For anyone in need in the local area. Ran by the Christ Embassy Church.